

IT IS IMPORTANT TO FOLLOW INSTRUCTIONS IN ORDER FOR THIS PROCEDURE TO BE PERFORMED.

PATIENT INSTRUCTIONS: **GASTROSCOPY**

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE DAY BEFORE,
AND NOTHING IN THE MORNING OF THE EXAMINATION.**

Aspirin and medications such as Ibuprofen, Motrin, Advil, etc. **and most** arthritis medications **should be stopped 5 days before.** Coumadin and any other blood thinners, vitamins, iron and other supplement **should also be stopped 5 days before your procedure. If you need to take medication for pain or headache take plain Tylenol (any strength you want).** You are allowed to take all other prescribed medications until the day before the test. On the day of the test:

- * If you have early morning appointments take the medication after having the test
- * If you have afternoon appointments take your medications at least 5 hours before the test
 - If you have to take your other prescribed medications with food do it after having the test
 - **If you are diabetic call your family doctor's office for detailed instructions about insulin or diabetic medications.**

**YOU WILL BE SEDATED FOR THIS TEST SO DO NOT
DRIVE YOUR CAR TO YOUR APPOINTMENT AND YOU
WILL NOT BE ABLE TO DRIVE FOR THE REMAINDER OF THE DAY. BE
SURE TO HAVE SOMEONE ACCOMPANY
YOU HOME AFTER THE APPOINTMENT. FAILURE TO
COMPLY WILL RESULT IN CANCELLATION OF YOUR
APPOINTMENT**

THE SECRETARIES WILL CALL TO CONFIRM THIS APPOINTMENT FEW DAYS BEFORE. IF THERE IS ANY CHANGE IN YOUR TELEPHONE NUMBER IT IS YOUR RESPONSIBILITY TO NOTIFY THE OFFICE. IF WE ARE UNABLE TO REACH YOU AND CONFIRM THE APPOINTMENT EMERGENCY CASES WILL HAVE FIRST PRIORITY!

**PLEASE BE ADVISED THAT EACH APPOINTMENT IS BOOKED FOR HALF HOUR/ONE HOUR TIME SLOTS. IF YOU NEED TO CANCEL THE APPOINTMENT, PLEASE CALL (416) 652-0606 WITHIN 48 HRS OR YOU WILL BE BILLED \$150.00 FOR GASTROSCOPIES AND \$250.00 FOR COLONOSCOPIES, AS WE DO HAVE A LONG WAITING LIST FOR PROCEDURES.
THANK YOU FOR YOUR CO-OPERATION.**