

IT IS IMPORTANT TO FOLLOW INSTRUCTIONS FOR THE PROCEDURE TO BE CARRIED OUT SUCCESSFULLY.

PATIENT INSTRUCTION: COLONOSCOPY

I BOX OF PICO-SALAX AND 1 BOTTLE OF CITROMAG MUST BE PURCHASED AT ANY PHARMACY IN ORDER TO PREPARE FOR THE TEST.

If you have a problem with vomiting or drinking laxatives you may want to purchase GRAVOL and take it half an hour before each bottle of laxatives.

PLEASE NOTE:

IF YOU ARE TAKING COUMADIN OR ASPIRIN PLEASE STOP 5 DAYS PRIOR TO THE TEST.

IF YOU ARE ON IRON PILLS, STOP TAKING 1 WEEK BEFORE THE TEST.

NO SEEDS 5 DAYS PRIOR

IF YOU ARE ON INSULIN OR TAKING PILLS FOR DIABETES, DO NOT TAKE THEM THE MORNING OF THE TEST.

2 DAYS BEFORE THE TEST

AT 7:00PM TAKE 1 CITROMAG AND DRINK 7-8 GLASSES OF WATER OR APPLE JUICE

THE DAY BEFORE THE TEST

- **NO SOLID FOODS ALL DAY (THE DAY BEFORE THE TEST).**
 - **YOU CAN ONLY HAVE CLEAR FLUIDS, CONSOMME, CLEAR SOUP (WITHOUT RICE, NOODLES OR VEGETABLES IN THE SOUP), JELLO,**
 - **YOU CAN DRINK APPLE JUICE, BLACK COFFEE AND TEA.**
 - **NO MILK, NO RED SOUPS OR RED JELLO.**
1. **AT 4:00 PM THE NIGHT BEFORE THE TEST TAKE 1 PACKET OF PICO-SALAX ACCORDING TO THE INSTRUCTIONS ON A PICO-SALAX BOX FOLLOWED BY 6-8 GLASSES OF WATER OR APPLE JUICE.**
 2. **AT 8:00 PM THE NIGHT BEFORE THE TEST TAKE THE OTHER PACKET OF PICO-SALAX FOLLOWED BY 6-8 GLASSES OF APPLE JUICE OR WATER.**
 3. **NOTHING TO EAT AFTER MIDNIGHT HOWEVER, YOU MAY DRINK WATER UNTIL THE TIME OF YOUR PROCEDURE.**

YOU WILL BE SEDATED FOR THIS TEST SO DO NOT DRIVE YOUR CAR TO YOUR APPOINTMENT AND YOU WILL NOT BE ABLE TO DRIVE FOR THE REMAINDER OF THE DAY. BE SURE TO HAVE SOMEONE ACCOMPANY YOU HOME AFTER THE APPOINTMENT. FAILURE TO COMPLY WILL RESULT IN CANCELLATION OF YOUR APPOINTMENT

PLEASE BE ADVISED THAT IF THIS APPOINTMENT IS NOT CANCELLED WITHIN 48 HOURS YOU WILL BE RESPONSIBLE FOR THE CHARGE OF
\$250.00
